

# Public Health On-Demand Training Resources

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**\*\*Below is a list of training centers, tool kits, self-paced and on-demand trainings from various sources nationwide. They are not hosted or developed by Montana PHSD. This list has been curated to compile relevant trainings into one place for employees. If you have any questions, please contact the PHSD instructional coordinator, Kaela Schommer at [kaela.Schommer@mt.Gov](mailto:kaela.Schommer@mt.Gov) or 406-439-7165. \*\***

\*Additional funding available for those interested in a [certificate program](#) or taking up to four college courses offered through the school of public and community health sciences at the university of Montana. If you or someone on your team is interested, please email the system improvement office.  
HHS PHSD building healthy systems [hhsphsdbuildinghealthysystems@mt.Gov](mailto:hhsphsdbuildinghealthysystems@mt.Gov)

## Training Centers

**Montana Public Health Training Center** - On-demand trainings on various public health topics.

- [Public health for school-based professionals \(nursing and OPI continuing education credits available!\)](#)
- [MTGEC 2022 conference modules \(nursing contact hours available\)](#)
- [Montana public health 101](#)
- [Contact tracing certificate course](#) \*Funded in whole or in part by DPHHS.
- [Climate change & human health in montana](#)
- [Suicide in Montana](#)
- [Responsive practice: inclusive health care delivery training \(physician, nurse, & pharmacist CE credits available!\)](#)
- [Health & disability 101 training for health department employees](#) \*Endorsed by MT disability & health program/ DPHHS

**TRAIN Montana** - On-demand public health trainings.

**Montana State University – Montana Office of Rural Health (MORH) & Area Health Education Center (AHEC)** - Connecting students to healthcare careers, professionals to communities, and communities to better health.

**Montana Nurses Association** - Assess live event information, online library, or activities by location for CEs.

**Rocky Mountain Public Health Training Center** - The Region VIII public health training center.

**Northwest Center for Public Health Practice** - Offers a variety of training for public health professionals.

**Indian Health Service (IHS) on-demand training** - Provides on-demand and self-paced culturally sensitive education and training to those who serve American Indian/Alaskan Native people and communities.

**FDA Office of Training and Continuing Education** - Educational resources and training opportunities for healthcare professionals, industry, consumers, and academia.

**CDC Learning Connection** - Free courses offered by CDC on public health topics.

**CDC, CDC Partners, and Other Federal Agencies** - CDC endorsed educational opportunities.

**Public Health Learning Navigator** - Online resource to support learning for the public health workforce.

**Public Health Data Learning Center** - Training and tools to support the process of data systems change.

**NACCHO University** - Learning portal for public health professionals.

**ASTHO eLearning Center** - On demand professional development offerings.

## Toolkits, Self-Paced, and On-Demand Trainings by Topic

### Behavioral Health

- [Mental Health 101](#)
- Mental Health 101 by Mental Health America.
- [Preventive Medicine Grand Rounds - Zero Suicide through a Public Health Approach](#)
- These Grand Rounds presentations are provided as a courtesy of CDC's Preventive Medicine Residency and Fellowship (PMR/F) program with the goal of sharing concrete examples of applying systems-based approaches and leadership practices to population health interventions in a broad range of diseases and health conditions. **CEs are available for this course.**
- [Addressing Mental Health in Public Health Practice](#)
- This 4-part program provides an overview of trauma-informed care and key strategies for implementation, discusses opportunities to implement trauma-informed resilience-oriented (TIRO) supervision for public health professionals, and describes suicide prevention as a public health issue, including individual and community-level strategies. The program consists of four separate components including a podcast and three on-demand webinars.

### Blood Disorders

- [Public Health Webinar Series on Blood Disorders](#)
  - DC's Division of Blood Disorders and Public Health Genomics (DBDPHG) is proud to offer its Public Health Webinar Series on Blood Disorders. The purpose of this series is to provide evidence-based information on new research, interventions, emerging issues of interest in blood disorders, as well as innovative approaches in collaborations and partnerships.

### Change Management

- [Using the ADKAR model for individual and organizational change](#)
  - This course introduces the idea of change management, specifically the ADKAR model. This model can be used by public health leaders to ease the process of change within an organization and increase the likelihood that changes will be successfully implemented. Learners will have the opportunity to use a real health department scenario to apply ADKAR and better understand how to use it in their own work. (You must login or create an account first, to access training).
- [Public Health Data Learning Center: Change Management](#)
  - Explore training focused on the process of organizational change for people, organizations, and data systems. Topics include stress and resiliency, organizational change management, change leadership, and more.
- [Sustaining the Change](#)
  - This list of trainings supports planning for using different tactics to sustain your organization or community initiative.

### Chronic Disease

- [ACOG | Online Learning](#)
  - Increase your knowledge, advance your career, and improve patient outcomes with clinically relevant education. Browse by category to access courses and events addressing a variety of topics in obstetrics, cancer care, and gynecology.

- [Exploring Opportunities to Reduce Risks Along the Cancer Control Continuum](#)
  - This is a recorded webinar available on demand as a part of the “opening doors” webcast series. (You must register first to access training).

## Coalitions

- [8 Steps to Building and Sustaining Effective Coalitions](#)
  - This presentation will help you define coalitions, learn when and how to use them, and provide eight steps for building effective coalitions that promote health, a healthy environment, and prevent disease. By focusing on these steps, your coalition will be poised to reach its goals and sustain itself for the long haul.
- [An Introduction to Coalition Development](#)
  - This tutorial provides an overview of coalition development and the basic components necessary to determine your group’s needs. These topics range from identifying the goals and reasons for developing a coalition to a realistic assessment of your group’s capacity. Lastly, we review various organizational structures and provide examples of existing coalitions and their chosen organizational structure.

## Communications

- [SHRM Webcasts on Communication](#)
  - SHRM works to empower people and workplaces to advance HR and leadership practices by maximizing human potential.
- [Practical playbook for addressing health misinformation](#)
  - A PDF resource created by Johns Hopkins Center for Health Security with support from the CDC.
- [Shingles Awareness Week 2024: Social Media Templates](#)
  - AIM has created three social media messages for members and partners to use on various social media platforms during the awareness week. The unbranded images can be customized with your department’s/organization’s logo.

## Community Assessment, Engagement, or Partnerships

- [The American Hospital Association’s Community Health Assessment Toolkit](#)
  - The toolkit provides a nine-step guide for hospitals and health systems to collaborate with their communities and strategic partners to conduct a community health assessment (CHA) and meet community health needs assessment (CHNA) requirements.
- [Public Health Data Learning Center: Strategic Communications](#)
  - Explore training focused on communicating effectively about data. Topics include understanding and engaging an audience, persuasive communications, communications strategies, and more.
- [Community Toolbox Module 1: Assuring Engagement in Community Health Improvement Efforts](#)
  - At the completion of this 30-minute online course, learners will be able to define community health assessment and engage community members and assure ownership among stakeholders.
- [Engaging Communities in the Research Process to Enhance Outcomes and Sustainability](#)
  - Community-based participatory research (CBPR) is a research method that equitably involves all community and academic partners in every step of designing and conducting

research. CBPR allows community members to research a topic that is important to them and improves their health. This course provides practical strategies to help people engage in a more successful way with communities using CBPR.

- [Principles of Community Engagement](#)

- This is a publication developed in partnership with the national institutes of health, the centers for disease control and prevention, and the agency for toxic substances and disease registry.

## Communicable Diseases

- [COVID & Non-Covid Communicable Disease Investigation Training Catalog](#)

- Looking for a training to support your learning in communicable disease response work? The trainings listed in this course catalog is updated on an ongoing basis, so check back for new additions.

- [Infection Control Training Toolkits](#)

- Want to lead an infection control training for healthcare workers? Project Firstline has developed training resources that cater to all styles of learning, so healthcare leaders can train their team with content that is engaging and accessible. Project Firstline's resources are easy to use and can be integrated into existing infection control training programs. Whether you have 5 minutes or 30 minutes, you can lead an effective infection control training with your team.

## Community Health Workers

- [Patient Navigator Training Collaborative \(PNTC\) Recorded Learning Opportunities Library](#)

- Topics include, managing difficult patient encounters, basic crisis management skills, LGBTQ cultural responsiveness, cancer screen 101, Covid 19, and more.

## Data, Analytics, and Informatics

- [Get Phit](#)

- The professional development courses offered by GET PHIT were developed based on a needs assessment of Texas public health agencies. The professional development courses are online only and self-directed. Although participants will need to register, the education will be offered at no charge for the duration of the grant (until September 2025). Continuing education certificates will be awarded upon the completion of each unit.

- [Public Health Data Learning Center: Technical Data Skills](#)

- Explore training focused on working with public health data. Topics include big data, machine learning, data modeling, and more. Training links will take you to other websites. Most training requires registration on these sites. All training listed below is free.

## Dementia

- [Public Health and Dementia Caregiving](#)

- This 90-minute course, Public Health and Dementia Caregiving, is designed for public health students, educators and professionals and is part of the larger Healthy Brain Initiative curriculum, A Public Health Approach to Dementia. Follow the directions on the course landing page to access the course.

## Employee Wellbeing & Self-Care

- [NIOSH Training for Nurses on Shift Work and Long Work Hours](#)
  - The purpose of this online training program is to educate nurses and their managers about the health and safety risks associated with shift work, long work hours, and related workplace fatigue issues and relay strategies in the workplace and in the nurse's personal life to reduce these risks.
- [Burnout and How to Address It](#)
  - A PDF from Right Direction to help identify and combat burnout.
- [Mindfulness and Relaxation by ComPsych](#)
  - Mindfulness is one of the most effective ways to respond to personal stress because it forces us to focus on the here and now rather than on worries about the future or regrets about the past. With that in mind, here are some tools for promoting your own personal mindfulness.
- [Self-Care: 12 Ways to Take Better Care of Yourself](#)
  - Exhausted, uninspired, or unwell? Read these self-care tips to take care of you.

## Environmental Health

- [Mid-Atlantic Regional On-Demand Environmental Health](#)
  - The MAR-PHTC is a partnership among schools of public health and public health agencies and organizations. It is one of the designated public health training centers funded by the health resources and services administration.
- [Policy, Systems, and Environmental Change Training Suite](#)
  - Public health is using policy, systems, and environmental (PSE) change as a critical tool to improve equity and health outcomes. PSE changes focus on root causes and seek to create sustainable change by taking a population or systems-wide approach, rather than focusing solely on the individual.

## Epidemiology

- [The CDC Field Epidemiology Manual](#)
  - This manual serves as an essential resource for epidemiologist and other health professionals working in local, state, national, and international settings for effective outbreak response to acute and emerging threats.

## Health Equity

- [Prioritizing Mental Health Equity in the Workplace](#)
  - This resource from the Health Action Alliance is a great place to start, with six actionable steps you can take to center equity – from addressing financial stressors to taking steps to prevent discrimination and bias in the workplace.
- [Preferred Terms for Select Population Groups & Communities](#)
  - This link provides some preferred terms for select population groups; these terms attempt to represent an ongoing shift toward non-stigmatizing language. We recommend using this section as a guide and inspiration to reflect upon word choice and choose words carefully, inclusively, and appropriately for a specific use and audience. Best practices include engaging people from the population or community of focus to find out what they prefer.
- [Health Equity Training Plan by Public Health Foundation](#)

- This Health Equity Training Plan, curated by the Public Health Foundation (PHF), can benefit individuals who would like to build on their foundational knowledge of health equity or those who are familiar with the Foundations of Health Equity Training Plan and want to explore more advanced content within each of the Centers for Disease Control and Prevention (CDC) Office of Health Equity's six Health Equity Domains and Competencies: policy and organization policy, infrastructure, communication, community engagement, structural and social determinants of health, and anti-racism.
- [CDC Foundations of Health Equity Self-Guided Training Plan](#)
  - This self-guided, online training plan is designed to facilitate foundational knowledge and skill development on topics related to health equity, health disparities, and structural and social determinants of health. The training plan contains thirteen, on-demand trainings that cover six health equity-related domains, including organizational policy, infrastructure, communication, community engagement, and racism.
- [The Network for Public Health Law's Micro-Toolkit: Equity Assessment Framework for Public Health Laws and Policies](#)
  - A simple, accessible framework to guide users through six steps to assess potential equity implications for a new or existing policy and to help users identify opportunities for improvement and for continued assessment. The micro-toolkit is intended for policymakers and others who lead, shape, or influence policy decisions, without the need for in-depth training or additional resources.
- [Public Health Data Learning Center: Justice, Equity, Diversity, and Inclusion](#)
  - Topics include collecting, reporting, and analyzing social determinants of health (SDOH) data, decision-making for equitable distribution of health resources, and more. Training links will take you to other websites. Most training requires registration on these sites.
- [How to Develop Products for Adults with Intellectual Developmental Disabilities](#)
  - The centers for disease control and prevention (CDC) created this tool to help people develop communication products for adults who have intellectual and developmental disabilities and extreme low literacy (IDD/ELL) and their caregivers. The tool reflects findings from a survey of caregivers of adults with IDD/ELL, lessons learned from audience testing of select covid-related materials for individuals with IDD/ELL, and a review of the research related to increasing access to, use of, and understanding of information by adults with IDD/ELL.
- [Health Equity in Action](#)
  - An action guide to disrupt inequitable health outcomes.

## Health for Indigenous Peoples

- [HBI Road Map for Indian Country](#)
  - The Healthy Brain Initiative (HBI) Road Map for Indian Country is a guide for American Indian and Alaska Native leaders to learn about dementia and start discussions throughout their communities.

## Health Literacy

- [Health Literacy for Public Health Professionals](#)



- To educate public health professionals on the importance of health literacy and their role in providing health information and services and promoting public health literacy. **CEs may be available for this course.**
- [Healthy Literacy Solutions Center](#)
  - The program consists of 50 lessons across 7 critical health literacy domains. Each domain represents an online, self-paced course called a micro-credential. Complete all 7 micro-credentials to earn the Health Literacy Specialist (HLS) Certificate.
- [CDC Health Literacy Basics](#)
  - Background information on what health literacy is and why it matters in public health.
- [CDC Health Literacy](#)
  - Different surveys measure people's literacy, numeracy, and health literacy skills and their experiences with healthcare. You can use these studies for ideas about research and evaluation questions or as benchmarks for your own results.
- [CDC Health Literacy Plain Language Materials & Resources](#)
  - Plain language makes it easier for everyone to understand and use health information. Although plain language is a familiar idea, many organizations don't use it as often as they should.
- [Health Literacy Out Loud](#)
  - Podcast interviews with those in-the-know about Health Literacy.
- [Health Literacy Month by Institute for Healthcare Advancement](#)
  - For more than 20 years, October has been recognized as Health Literacy Month. Join us for this international observance when hospitals, health centers, literacy programs, libraries, social service agencies, businesses, professional associations, government agencies, consumer alliances, and many other groups work together to integrate and expand the mission of health literacy.
- [Roundtable on Health Literacy](#)
  - The Roundtable on Health Literacy envisions a society in which the demands of the health and health care systems are respectful of and aligned with people's skills, abilities, and values. The mission of the Roundtable is to inform, inspire, and activate a wide variety of stakeholders to support the development, implementation, and sharing of evidence-based health literacy practices and policies. The goal is to improve the health and well-being of all people.
- [Health Literacy: Assessment Tools & Resources](#)
  - A portal to technical reports, documents, assessment tools, PowerPoint presentations, websites, videos and links to professional associations that address health literacy.
- [Health Literacy Tool Shed](#)
  - The Health Literacy Tool Shed is an online database of health literacy measures. The site contains information about measures, including their psychometric properties, based on a review of the peer-reviewed literature.
- [Personal Health Literacy Measurement Tools](#)
  - AHRQ-funded researchers have developed tools to measure an aspect of personal health literacy—individuals' reading comprehension in a medical context.

## Immunizations

- [CHAMPS/RMPHTC 2023 Immunization Update](#)
  - At the end of this free 50-minute training participants will be able to: identify important updates to the 2023 ACIP recommended immunization schedule for childhood, adolescents, and adults. Locate the most recent recommendations for COVID-19 vaccination. Locate current vaccination resources for healthcare providers.
- [You Call the Shots by CDC](#)
  - *You call the shots* is an interactive, web-based immunization training course. It consists of a series of modules that discuss vaccine-preventable diseases and explain the latest recommendations for vaccine use. Each module provides learning opportunities, self-test practice questions, reference and resource materials, and an extensive glossary. *Most trainings offer opportunities for CE credits.*
- [Evidence-based Strategies and Resources to Increase Routine Vaccination Rates and Confidence](#)
  - The Public Health Foundation (PHF), in collaboration with the Centers for Disease Control and Prevention (CDC), developed this toolkit for healthcare providers as part of a series of toolkits being developed for CDC's broader Let's RISE (Routine Immunizations on Schedule for Everyone) playbook.

## Laboratory

- [Ready? Set? Test! Patient Testing is Important. Get the Right Results.](#)
  - The training should help to assure that testing personnel have the basic training necessary to safely and accurately perform patient testing waived under the Clinical Laboratory Improvement Amendments of 1988. After viewing this basic-level training module, participants should understand that waived testing can produce inaccurate results and that these results could adversely impact patients. There are many things they can do, however, to minimize the risk of inaccurate testing. The learning objectives itemize several specific things that the participant should be able to do as a result of this training. **CEs may be available for this training.**

## Leadership

- [Understanding and Preventing Burnout Among Public Health Workers: Guidance for Public Health Leaders](#) by the national institute for occupational safety and health (NIOSH)
  - In this online training, public health supervisors can learn strategies to prioritize employee health and well-being and prevent burnout. The training is modular, so public health supervisors can fit it into their busy schedules. Each module takes about 15-30 minutes. Modules are organized into three units, for a total of 3.5 hours. *Continuing education credit is available at no cost.*
- [Strong Culture, Strong Organization: A Public Health Leadership Training Series for Leading in Difficult Times Part 1 & Part 2](#)
  - This informative and engaging leadership series explores the relationship between organizational culture and the ability of an organization to adapt and respond to external and internal challenges. The three-part self-paced virtual series introduces participants to what culture means in health profession settings, culture diagnosis, values-based and resilient leadership, and makes a case for integrating kindness and appreciation into culture. *This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to .5 total Category I continuing*

education contact hours. Maximum advanced-level continuing education contact hours are .5.

- [Building Skills for Public Health Leaders: Lessons Learned from the Advancing Leadership in Times of Crisis Program](#)
  - In this recorded webinar from Log-in2Learn presenters shared the fundamentals of the program, focusing on how adaptive leadership principles were applied to create the program, which equips public health leaders in Puerto Rico with the skills to manage public health emergencies and other challenges. They also shared best practices which have contributed to the success of the ALTC program to date and ways in which the program has evolved through a continuous quality improvement process.
- [A Manager's Guide to Mental Health Literacy](#)
  - An actionable toolkit for strengthening employees' mental well-being. Managers are at the front line of building a company culture that supports employee mental well-being. They can proactively look for signs of distress, check in with employees' mental health, and refer employees to the appropriate resources. This toolkit helps managers' from feeling overwhelmed in supporting employees.
- [Why Don't You Trust Me? The Five Cs of Trust](#)
  - From Michael Wilkinson, CEO of Leadership Strategies, Inc and author of *The 8 Core Practices of a Facilitative Leaders*, he discusses the Five Cs of Trust model. When you don't trust someone, it is typically because of one or more of the Five Cs, is there someone in your professional or business life whom you don't trust or who doesn't trust you?
- [Understanding Emotional Intelligence: Leading from Within](#)
  - Slides from a presentation from Beth Brown, MSW, IINHC Director, Health & Well-Being, ComPsych.

## Maternal and Child Health

- [CHAMPS/RMPHTC 2023 Family Planning Refresher Course](#)
  - At the end of this presentation, participants will be able to: conduct a thorough sexual health history with clients. Identify all fda-approved contraceptive methods, effectiveness, risks, and benefits of each. Utilize this knowledge to use patient-centered methods to effectively counsel patients interested in contraception. Effectively counsel adolescents, LGBTQIA folks, and other specific populations about reproductive and sexual health. Offer non-directive pregnancy options counseling.
- [ECHO On-Demand: Breastfeeding for Providers](#)
  - The purpose of this online training series is to provide information and skills on breastfeeding management pertinent to the role of health care providers while also meeting the competency requirements of the Baby-Friendly Hospital Initiative. The curriculum for this eight-part online series was derived from up-to-date research evidence to allow health care providers to receive self-paced advanced lactation training with a goal of improving breastfeeding support and the overall health and well-being of families.

## Public Health Basics

- [Introduction to Public Health Practice on TRAIN](#)
  - This training plan introduces public health for people who may be new to working in the field or need a refresher. This plan consists of eight sections in the recommended order for

completion. (Free TRAIN account is needed to access this training). *Some courses within this training plan offer CEs.*

- [Public Health Data Learning Center: Public Health Basics](#)
  - Topics include the core functions and essential services of public health, public health informatics, public health surveillance, and more. Training links will take you to other websites.
- [The Invisible Shield](#)
  - The PBS docuseries series includes discussions on many important topics, including public health infrastructure, public health data, health equity, and more. Episode 1 explored the roles and functions of public health and challenges that have arisen due to a lack of sustained investment and a shrinking public health workforce. Episode 2 explores the critical importance of public health data and discusses some of the challenges faced by American Indian and Native Alaska communities during the COVID-19 pandemic. Episode 3 explores the historical impact of vaccines, modern vaccine hesitancy, social determinants of health, and structural inequalities leading to health disparities among African Americans. Episode 4 episode explores the societal roots of many health problems and discusses the challenges faced by rural communities.
- [CDC Public Health 101](#)
  - The public health 101 series introduces public health and covers the sciences essential to public health practice. The fundamental scientific components span topics in epidemiology, public health informatics and surveillance, health economics, public health laboratory science, and related fields.
- [Montana Public Health 101](#)
  - This course serves as a training resource for new employees at local and state health departments, an orientation for local boards of health members, and as a refresher for anyone seeking to learn more about the role of public health in Montana.
- [The 10 Essential Public Health Services in Action](#)
  - The centers for disease control and prevention (CDC) have defined and recently updated 10 essential public health services that communities should undertake to protect and promote the health of all people in their community. This training uses a case study (based on an actual infectious disease outbreak) to relate each step of the investigation to one of the 10 essential public health services. (You must login or create an account first, to access training). *This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 1 total Category I continuing education contact hours. Maximum advanced-level continuing education contact hours are 1.*
- [Mini-MPH for Public Health Professionals](#)
  - It is the role of public health to investigate pressing challenges and to develop meaningful interventions that improve conditions affecting population health. Through this course created by PHX, and adapted by NEPHTC, health officials have the opportunity to gain foundational knowledge in public health to be more effective health and wellness leaders in their community. (You must login or create an account first, to access training). *This program is designated for Certified Health Education Specialists (CHES) to receive up to 5.5 total Category I continuing education contact hours.*

## Reproductive Health and Sexually Transmitted Infections

- [Community of Practice on Adolescent Reproductive Health](#)
  - This monthly series is for health care providers, educators and anyone who works with young people and wants to share and discuss reproductive health topics. This ongoing series allows participants to share de-identified situations and cases for peer-to-peer and specialist consultation. Cases or topics can be submitted up to three days in advance. Participants who register can attend sessions at any time.
- [ECHO On-Demand: Adolescent Reproductive Health for Nurses, Educators and People Who Work with Youth](#)
  - If you are looking for updated sexual and reproductive health information, and effective ways to increase inclusivity into your classroom or clinical space, this course is for you. Adolescent Reproductive Health for Nurses, Educators and People Who Work with Youth is a new ECHO On-Demand series designed to fit your schedule and pace.
- [National HIV Curriculum](#)
  - The National HIV Curriculum is an AIDS education and training center program and led by the University of Washington. This program is funded by Health Resources and services administration (HRSA).
- [National HIV/AIDS Strategy \(2022 – 2025\)](#)
  - The National HIV/AIDS Strategy for the United States (2022–2025) was published in December 2021 and provides stakeholders across the nation with a roadmap to accelerate efforts to end the HIV epidemic in the country by 2030.
- [National Women and Girls HIV/AIDS Awareness Day \(March 10\)](#)
  - Join us in supporting National Women and Girls HIV/AIDS Awareness Day! Use the tools and resources to amplify HIV/AIDS messaging and highlight ways to prevent HIV.

## Substance Use

- [Great Lakes Rural Opioid Technical Assistance Regional Center](#)
  - The great lakes rural opioid technical assistance regional center (ROTA-RC) is funded by SAMHSA to develop and disseminate training and technical assistance addressing opioid and stimulant use affecting rural communities.
- [Opioid Use and Pregnancy](#)
  - This training provides essential knowledge needed to effectively address opioid use before pregnancy, during pregnancy, and in the postpartum period. **CEs are available for this course.**
- [Fentanyl and Addiction - Getting Straight to the Point](#)
  - This is a recorded webinar from 2023 that provides information on the Fentanyl poisoning epidemic and how addictions impact the brain and solutions to address drug experimentation, addiction, and overdose deaths. **CEs are available for this course.**

## Systems Thinking/Quality Improvement

- [Introduction to Systems Thinking](#)
  - This self-study course introduces learners to the fundamental tools of systems thinking. Systems thinking provides a framework for identifying and addressing the underlying causes of complex problems. This approach minimizes responding to problem symptoms and the

associated unintended consequences of quick fixes. (You must login or create an account first, to access training). *This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 1 total Category I continuing education contact hours.*

## Workforce Development

- [SHRM Webcasts on Employee Engagement and Retention](#)
  - SHRM works to empower people and workplaces to advance HR and leadership practices by maximizing human potential.
- [Confronting Workforce Shortages and Health Worker Well-Being](#)
  - The NAM's Clinician Well-Being Collaborative held a hybrid event in December 2023 on Confronting Workforce Shortages and Health Worker Well-Being: Harnessing Lessons from Rural Health Settings, co-hosted with the Council for Medical Specialty Societies and the University of Kansas Medical Center.
- [5 Strategies to Strengthen Marketing Local Health Department Recruiting Efforts](#)
  - With invaluable input from NACCHO's Workforce and Leadership Workgroup and support from the CDC, NACCHO is pleased to present this new resource to help facilitate efforts to expand and improve the public health workforce and attract the next generation of public health professionals. This resource is designed to provide tangible ideas for promoting health departments as a great place to work and getting job openings in front of viable candidates. It provides actionable information, helpful links, and real-world examples from local health departments and private sector recruitment efforts.